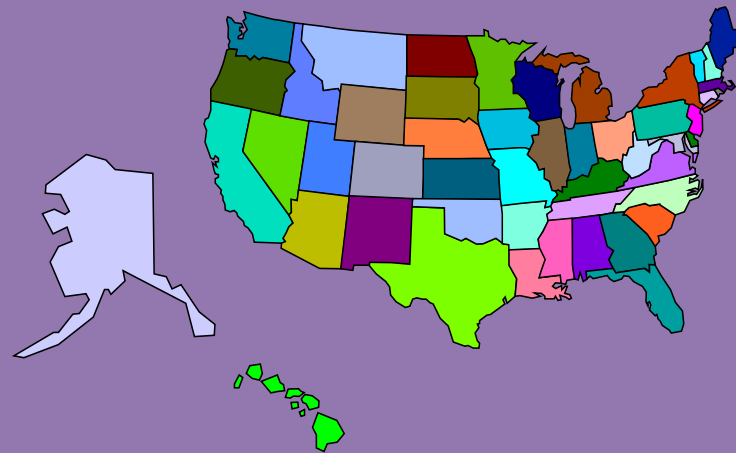




Selecting and Implementing Model Prevention Programs



April 17, 2002

NE CAPT Video Teleconference

Implementing, Adapting & Sustaining Model Programs

1
Gale Held



✕National Registry of Effective Prevention Programs (NREPP)



How are CSAP Model Programs Selected?

	1	2	3	4	5
1) Theory					
2) Fidelity of interventions					
3) Process Evaluation					
4) Sampling Strategy					
5) Attrition					
6) Outcome Measures					
7) Missing Data					
8) Outcome Data Collection					
9) Analysis					
10) Threats to validity					
11) Replications					
12) Dissemination Capability					
13) Culture/ Age Appropriate					
14) Integrity					
15) Utility					

Promising

Model



Which Programs does CSAP review?

All publicly and privately funded prevention programs

Includes programs funded by:

- ⌘ Federal Agencies (NIDA, NIAAA, CDC)
- ⌘ Foundations
- ⌘ State and County governments
- ⌘ Private sector (e.g., workplace)



How Many Programs Have Been Reviewed?

697 submitted

587 reviewed

34 models



Dissemination System



What is the Dissemination System?

A systematic way to identify, promote, and implement model prevention programs - i.e. those that have :

- ✕ been well implemented;
- ✕ been well evaluated; and
- ✕ produced consistent positive and replicable results



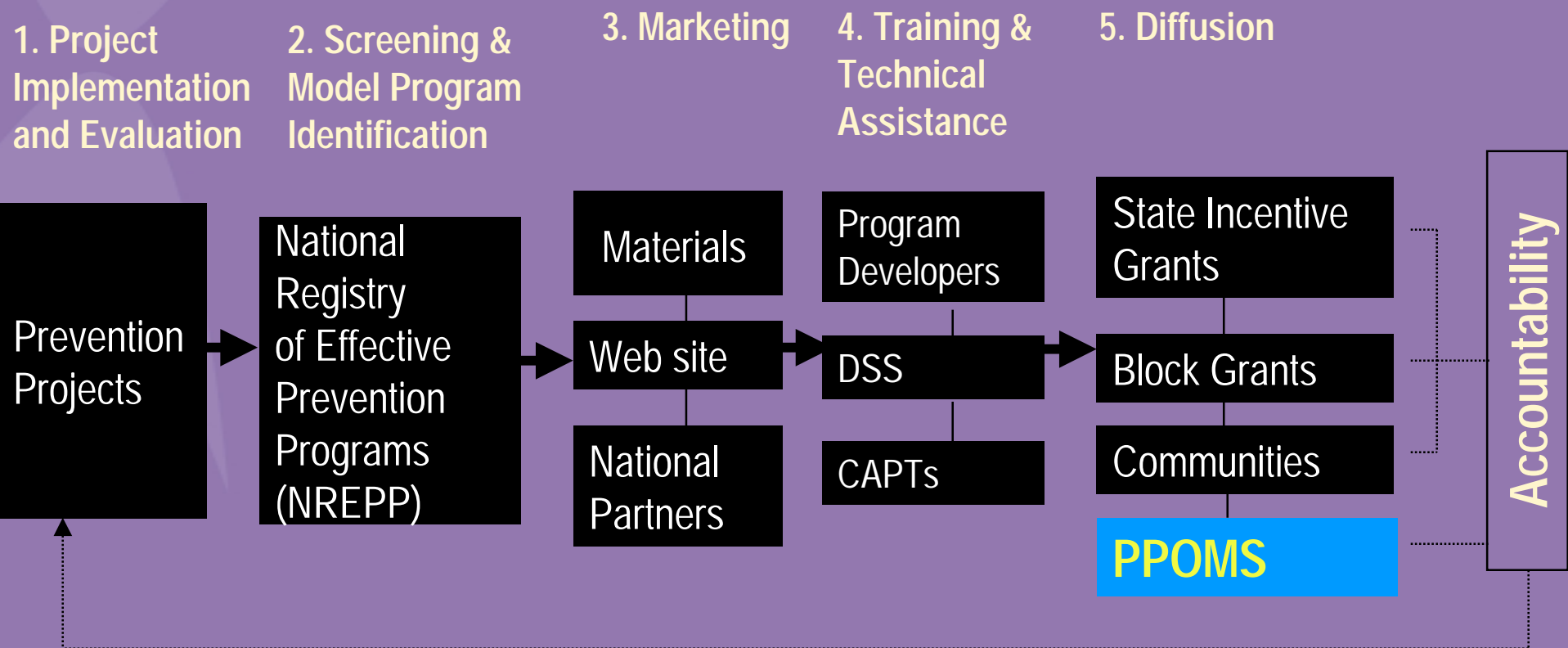
Why do we need a Dissemination System?

Because communities need:

- ✂ proven prevention programs
- ✂ user-friendly materials
- ✂ training and technical assistance



How does the Dissemination System work?





What is a Model Program?

- ⌘ A Model Program is a subset of the effective programs identified by NREPP
- ⌘ The program developer has agreed to collaborate with CSAP to disseminate their program.



Effective Programs

- ✕ Score 4.0 or above on integrity and utility on a 5-point scale, based on the NREPP review
- ✕ For a variety of reasons, these programs are not currently available to be widely disseminated to the general public, because the developer:



Effective Programs, continued

- ✧ May lack the capacity to disseminate
- ✧ May have the capacity to disseminate within his/her own network but dissemination is not available outside that network, or
- ✧ Is not currently interested in disseminating his/her program.



Promising Programs

- ✧ Score 3.3 to 3.99 on integrity and utility on a 5-point scale, based on the NREPP review
- ✧ Require additional evidence of adequate scientific rigor and consistently positive results to become effective or a model.



What Kinds of Models are being Disseminated?

A selection of rigorously evaluated programs with strong outcomes for:

- ✧ Prevention of alcohol and drug abuse, steroid abuse, school drop out, violence, and other high risk behaviors.
- ✧ Beginning to look at related conditions, e.g., HIV-AIDS, Gambling
- ✧ Diverse ethnic populations
- ✧ Community, family, school, workplace, and faith settings.
- ✧ Initially, youth aged 2 to 18 (being expanded to other life stages)



How are Model Programs Disseminated?

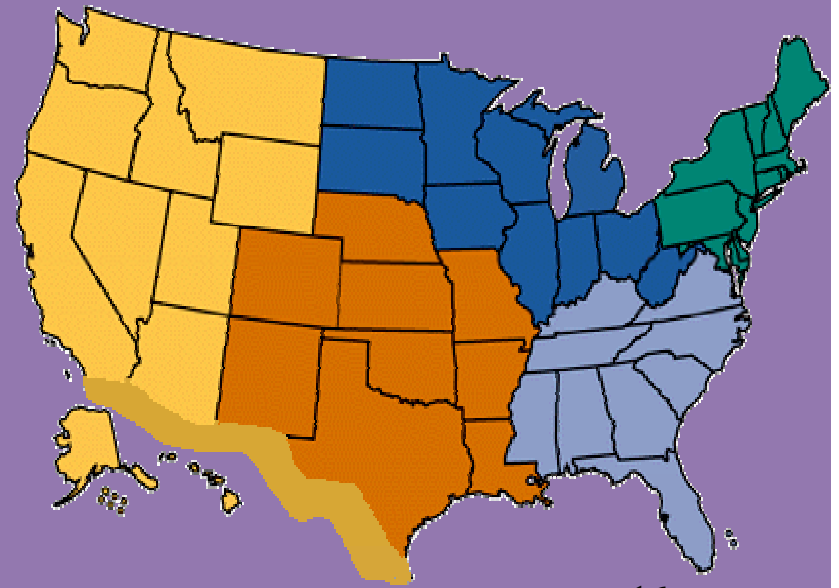
- ✧ Partnerships with National, State and community organizations
- ✧ Web site and *Viewsletter*
- ✧ Toll-free line
- ✧ Printed materials – Fact Sheets
- ✧ Conference presentations & exhibits
- ✧ Capacity Building



Centers for the Application of Prevention Technology (CAPTs)

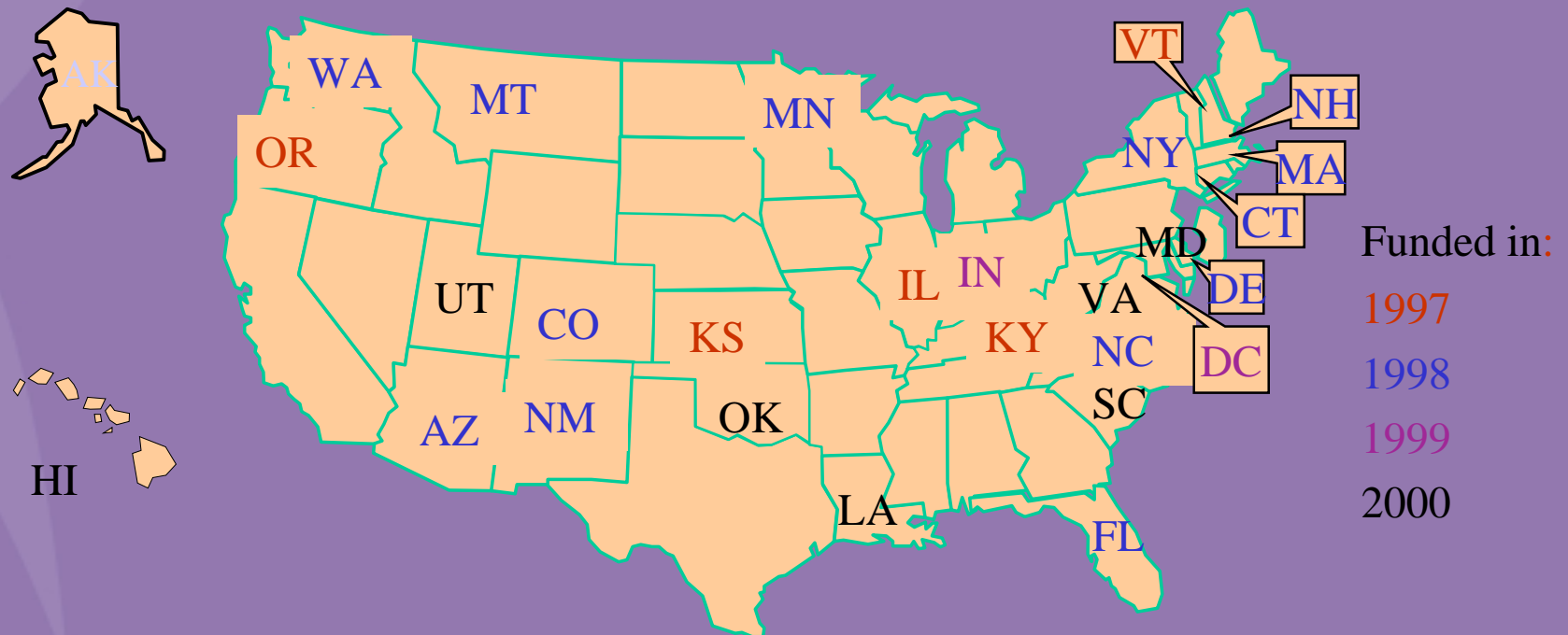
Bringing substance abuse prevention research to practice through training and technical assistance

- ⌘ Border CAPT: Tucson, AZ, 520-795-9756
- ⌘ Central CAPT: Anoka, MN, 800-782-1878
- ⌘ Northeast CAPT: Newton, MA, 617-969-7100
- ⌘ Southeast CAPT: Jackson, MS, 800-233-7326
- ⌘ Southwest CAPT: Norman, Oklahoma, 405-325-1454
- ⌘ Western CAPT: Reno, NV, 888-734-7476





State Incentive Grants



- ⌘ Competitive grants awarded to Governors' offices
- ⌘ to leverage, coordinate, and/or redirect federal and State prevention dollars
- ⌘ 28 SIGs awarded to date, \$3 million/grant/year
- ⌘ 85% of funds go to communities. Fifty percent of these funds most go towards implementing science based prevention



ONDCP Media Campaign

- ✧ Collaborating with ONDCP to promote the use of science-based programs
- ✧ New Ad Council Campaign – Call to Action
- ✧ ONDCP Page on Model Programs Web Site
 - CSAP
 - CDC
 - DOE
 - NIDA
 - OJJDP



Partnerships with National Organizations

- ✧ CADCA
- ✧ NASADAD/NPN
- ✧ USDA~Cooperative State Research Education Services
- ✧ **Specific Programs:**
 - Dare To Be You - National Head Start Association
 - Child Development Project - National Association of Elementary School Principals
 - Across Ages – DHHS Office of Minority Health and Central State University, National Senior Service Corps, National Council on Aging
 - Creating Lasting Family Connections - Congress of National Black Churches



Dissemination Case Study - Across Ages

'91 '92 '93 '94 '95 '96 '97 '98 '99 '00 '01

Original site: Philadelphia, PA

Replication sites: Philadelphia, PA/ Springfield, MA/ Ireland

Trainings:

VT, KY, MO

WA, AZ, MA, CT, NM

AK, CA, NM, FL, MI, PA

National Partners:

OMH, NCA, NSSC

Implementations:

30 communities



Core Components Analysis (CCA)

- ⌘ CSAP committed to advancing science of prevention.
- ⌘ Through NREPP, CSAP identifies and disseminates science-based programs.
- ⌘ Equally important to isolate program elements related to program success:
 - 🕒 This task is called Core Components Analysis.



Benefits of CCA

- ✧ If components related to success can be identified, field can better adapt programs under differing conditions.
- ✧ Prevention practitioners can use information to plan and implement programs built on foundation of effective strategies.
- ✧ Knowing what works in a program decreases likelihood of eliminating a crucial component.



CCA Methodology

- ✧ Reviewed 21 model and effective programs, including the three that were discussed here today
- ✧ Program materials reviewed included:
 - 🕒 Fidelity instruments
 - 🕒 Findings papers
 - 🕒 Final reports
 - 🕒 Program curricula
- ✧ Teams of prevention researchers independently reviewed and coded programs.
- ✧ Developers interviewed.



CCA: Recommendations

- ✕ 1. Structure intervention to initially focus on relationship building; then follow with opportunities to practice behaviors learned.
- ✕ 2. Promote consistent message via multiple informants (e.g., parents, peers, and teachers).



CCA: Recommendations

- ✕ 3. Combine ATOD content with strategies to promote life skills. Attend to characteristics of the target population that place them at risk for ATOD; structure activities to address these characteristics.
- ✕ 4. Use written, session-by-session, easy to follow curricula.



CCA: Recommendations

- ✧ 5. Incorporate programs into existing networks (school, community, church) by involving them in change efforts.
- ✧ 6. Tailor program content to the culture and language of clients.
- ✧ 7. Eliminate logistical barriers to program participation.



CCA: Recommendations

- ✧ 8. Acknowledge and tailor program to developmental influences.
- ✧ 9. Employ known and trained authorities to deliver intervention (peers, parents, teachers, guidance counselors, coaches, etc.).



CCA: Recommendations

- ✧ 10. Capitalize on client strengths; acknowledge weaknesses but do not focus exclusively on them.
- ✧ 11. Establish and nurture long-term and effective partnerships with collaborating agencies.



CCA: Recommendations

- ✕ 12. Involve parents. Plan social, recreational, and cultural events to foster increased interaction among parents and youth. Attend to parental deficits by providing skills training to enhance parental self-efficacy.



Where do we go from here?

- ✧ Continue to identify new models
- ✧ Increase the number of national partners
- ✧ Implement model programs in more communities
- ✧ Measure success of implementation effort
- ✧ Measure success of outcomes
- ✧ Develop Guidance on Fidelity and Adaptation
- ✧ Produce First Annual Report Card (May 2002)

Result: strengthening of the national infrastructure for substance abuse prevention



Contact Information

✧ CSAP Model Programs

- Website: modelprograms.samhsa.gov
- Toll free line: 1-877-773-8546
- Email: modprogs@samhsa.gov

✧ NREPP:

- Toll free line: 1-866 43-NREPP
- Email: NREPP@intercom.com
- Register online:
www.preventionregistry.org



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